

January 2026

Barlow Park 4K
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 No School - Winter Break	2 No School - Winter Break
5 Entree • Soft Beef Tacos Vegetable • Black Beans Fruit • Fresh Orange Wedges Milk • 1% Milk	6 Entree • Corn Dog Vegetable • Tater Tots Fruit • Fresh Banana Condiments • Low Sodium Ketchup Milk • 1% Milk	7 Entree • Chicken Patty Sandwich Vegetable • Celery Sticks Fruit • Warm Cinnamon Peaches Milk • 1% Milk	8 Entree • Hot Dog on a Bun Vegetable • Sweet Golden Corn Fruit • Applesauce Milk • 1% Milk	9 No 4K
12 Entree • Popcorn Chicken • Dinner Roll Vegetable • Steamed Broccoli Fruit • Fresh Orange Wedges Milk • 1% Milk	13 Entree • Pretzel, Yogurt and Cheese Pack Vegetable • Waffle Fries Fruit • Fresh Banana Condiments • Low Sodium Ketchup Milk • 1% Milk	14 Entree • Spaghetti • Marinara Sauce Vegetable • Baked Beans Fruit • Diced Peaches Milk • 1% Milk	15 Entree • Mini Chicken Corn Dogs • Turkey Sausage Link • Pancake Syrup Vegetable • Red Peppers Fresh Fruit • Applesauce Milk • 1% Milk	16 No 4K
19 Entree • Chicken Nuggets • Cheez-It Crackers Vegetable • French Fries Fruit • Mixed Fruit Condiments • Low Sodium Ketchup Milk • 1% Milk	20 Entree • Grilled Cheese Vegetable • Fresh Baby Carrots Fruit • Fresh Banana Milk • 1% Milk	21 Entree • Cheese Pizza Vegetable • Fresh Zucchini Fruit • Diced Peaches Milk • 1% Milk	22 Entree • Bacon Cheeseburger Vegetable • Red Peppers Fresh Fruit • Fresh Pear Half Milk • 1% Milk	23 No School

26	27	28	29	30
Entree • Hot Dog on a Bun Vegetable • Mashed Potatoes Fruit • Mixed Fruit Condiments • Low Sodium Ketchup Milk • 1% Milk	Entree • Chicken Ham & Cheese Sandwich Vegetable • Sweet Golden Corn Fruit • Diced Pears Milk • 1% Milk	Entree • Cheeseburger Vegetable • Peas & Carrots Fruit • Diced Peaches Condiments • Low Sodium Ketchup Milk • 1% Milk	Entree • French Toast Sticks • Turkey Sausage Patties • Pancake Syrup Vegetable • Celery Sticks Fruit • Cinnamon Apples Milk • 1% Milk	No 4K

